





Mental Health in the Film and TV Industry

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26th February 2026**



**HEALTHY
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The Psychosocial Risk Landscape

- Working conditions, work design and management.
 - Content related.
 - Cultural and relational pressures.
-  A uniquely concentrated risk environment.

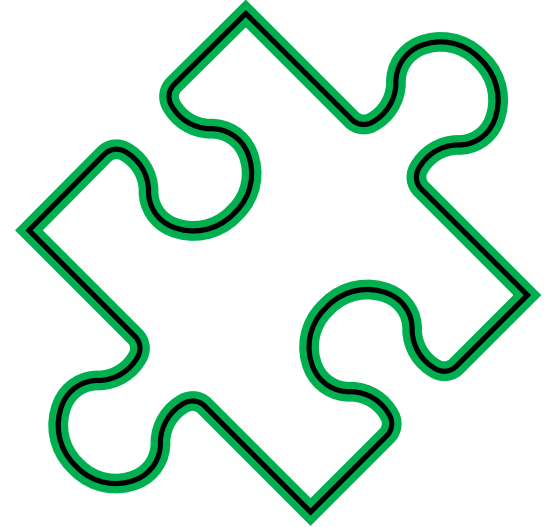
What's Improved

- Work-related mental health is now named.
- Engagement and conversation.
- Targeted training.



Why It's Still

- Largely freelance workforce up' organisational structure
- Time and budget constraints.
- Cultural inertia.



What Matters Most

1. Prevention over reaction.
2. Shared responsibility.
3. Good mental health fuels creativity.

Thank You



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